INTRODUCTION
In fighting sports the match analysis is an effective tool to investigate techniques and strategic skills of athletes at different level. This procedure could be helpful to identify the differences between the opponents and to underline the most effective and useful techniques during the matches.

AIMS
The aim of this study was to compare, through the match analysis, the technical and the tactical skills of athletes at regional and national level in kyourgi-taekwondo, making a precise observation of most used techniques and behaviours in both groups.

METHODS
13 matches of the Triveneto Inter-Regional Championship (-68 kgs black belt male senior) and of the Italian National Championship (-67 kgs black belt male senior) were video-recorded. Combats were then analysed and data were collected for action categories: performed and effective tactics. About technique categories we considered: kick to the body, kick to the face, punch, others. About tactics we considered: attacks, remises, toward/advances. A descriptive analysis and a paired T test were applied to the data.

RESULTS
No significant differences were found in performed techniques between Regional and National athletes, except for the back round kick and for the punches more employed at regional level (back round kick: 3.0 % vs. 0.7 %, p<0.05; punch: 1.9 % vs. 0.0 %, p<0.05). Regional athletes scored more frequently through kicks to the body than National athletes (61.3 % vs. 44.7 %, p<0.001). Comparing the performed tactics, remise was more employed by the National athletes (18.6 % vs. 8.1 %, p<0.05) whereas in the effective tactics the attacks and the toward/advances were higher in the Regional athletes (42.1 % vs. 12.9 %, p<0.001; 40.2 % vs. 24.7 %, p<0.05).

CONCLUSIONS
We can conclude that: i. the transition to the national class does not require the consolidation of specific techniques; ii. National athletes use varied tactics, but not always successful; iii. National athletes have a better tactic remise; iv. Regional athletes should try more the tactic remise action; v. Regional athletes score easily; vi. Regional athletes should use less punch techniques.

REFERENCES

Keywords: Performance Diagnosis, Technique, Tae Kwon